

David Austin



David's Bio:

- ✓ MS Brilla FC
- ✓ Belhaven University
- ✓ Jackson Chargers
- ✓ NAIA All-Conference, All-Region, All-American
- ✓ Trinidad and Tobago U18-U-23 National Teams
- ✓ Trinidad and Tobago Senior National Team
- ✓ Trinidad and Tobago Defense Force
- ✓ FIFA Goalkeeping Instructor Certificate
- ✓ NSCAA Goalkeeping Diploma
- ✓ USSF National "C" License

Pre Tryouts Sessions:

May 27-30

- U9-U11: 5:30-6:30 Price: \$75
- U12-U18: 6:40-7:45 Price: \$85

Summer Clinics:

Goalkeeping Fundamentals:

- June 24-27: 6-7:30pm Price: \$110

Goalkeepers VS Strikers

- July 22-25: 6-8pm Price:\$125
Sat 26th (optional): 10-11am

** Sibling pay \$95 per

** Club groups pay: Price: \$95 per

Location: Reservoir Soccer Complex

Note: T-shirts for June & July Clinics only.
Registration deadline for your t-shirt order is **June 20th**.

Make Checks Payable to:
Excel Goalkeeping

Contact Information

Cell: 601-842-8799

Email: trainwithexcel@gmail.com

Website: trainwithexcel.com



EXCEL

Goalkeeping & Soccer Training



Pre Tryout Sessions: May 27 - 30

SUMMER 2014 GK CLINICS

GK Fundamentals June 24 - 27

Gkers vs Strikers July 22-26

Director:
David Austin

What you will do

❖ June Clinic Schedule

Tuesday 24th

Goalkeeping Fitness, Games

Wednesday 25th

Diving, Games

Thursday 26th

1v1, Games

Friday 27th

Crosses, Games

❖ July Clinic Schedule

Tuesday 22nd

Fitness, Agility, Speed, Games

Wednesday 23rd

Shot Stopping, Deflecting, Games

Thursday 24th

Breakaways, 1v1, 2v1, Games

Friday 25th

Crosses, Punching, Games

Saturday 26th (optional)

Additional Training, Games

❖ What to bring

- Goalkeeping gloves
- Ball
- Shin guards
- Goalkeeping pants and shirts
- Water
- Sunscreen and Personal medication

Clinic Information

Pre-Tryouts Clinic

Training will focus on all the technical aspects of the position. Our objective will be getting the goalkeepers ready for D1 and club tryouts.

June Clinic

This clinic is for goalkeepers who want to learn the position. The main objective is to focus on developing the goalkeeper's fundamentals in a competitive and fun learning environment.

July Clinic

Goalkeepers will be put in competitive game type situations against field players. The main objective is to help develop the goalkeeper's understanding of quick decision making in a pressure type situation which would enhance their overall mental concentration and technical skills.

Note: If this is your first time attending one of Excel's Clinics, the training will be intense but rewarding. Be attentive, train hard and you will see positive results.



MAIL FORM TO:
Excel Goalkeeping & Soccer Training
304 Swan Lake Dr.
Jackson, MS 39212

Player Information

Name _____

Parent _____

Cell # _____

Email _____

City: _____ State _____

Zip _____ Shirt Size _____

Medical Release

I, _____,
give consent for my child

_____ to participate in Excel's Goalkeeping Clinic and hereby waive, and release any claims to damage and or personal injury against David Austin, or any other association involved with Excel Goalkeeping and Training, P.L.L.C.

Signature:

Date: _____